



Zucchini Drop Cookies

Ingredients:

- 1 C sugar
- ½ C butter
- 1C zucchini – shredded, drained and squeezed
- 1 beaten egg
- 2 C flour
- 1 t baking soda
- 1 t cinnamon
- ½ t ground cloves
- ½ t salt
- 1 C chopped nuts
- 1 C raisins

Directions:

1. Mix together the dry ingredients and set aside
2. Cream butter and sugar
3. Add beaten egg and zucchini to creamed butter and sugar – mix well
4. Add in dry ingredients and mix well
5. Fold in nuts and raisins
6. Bake at 375 for 12-15 minutes

Find additional healthy recipes at:

<http://ext.vt.edu/food-health/family-nutrition-program/recipes.html>
<https://blogs.ext.vt.edu/eatsmart-movemore/2017/04/13/2017-spring-recipes/>