



Sour Cream Potato Casserole

Casserole Ingredients:

- 2 lbs frozen hash browns (thawed)
- 1 stick butter (melted)
- 1 t salt
- ½ t pepper
- ½ cup chopped onions
- 1 can cream of chicken soup
- 1 pint sour cream
- 2 cups shredded sharp cheddar cheese
- Optional additions: chives, green/red pepper, dried tomatoes, ham, bacon, sausage, etc

Topping Ingredients:

- 1 stick butter (melted)
- 3 cups crushed corn flakes

Directions:

1. Preheat oven to 350.
2. Mix casserole ingredients together and pour into 9 x 13 baking dish.
3. Bake for 45-60 minutes until potatoes are soft.
4. In a separate dish mix topping ingredients.
5. Pour topping over casserole.
6. Bake until browned.

Find additional healthy recipes at:

<http://ext.vt.edu/food-health/family-nutrition-program/recipes.html>
<https://blogs.ext.vt.edu/eatsmart-movemore/2017/04/13/2017-spring-recipes/>