



Chicken Broccoli Casserole

Ingredients:

- 2 packages of frozen or 2 bunches fresh broccoli – cooked
- 2 cups cooked chicken
- 2 cans cream of chicken soup
- 1 cup mayonnaise or salad dressing
- 1 tsp lemon juice
- ½ tsp curry
- ½ cup shredded sharp cheese
- ½ cup soft bread crumbs
- 1 tablespoon butter or margarine – melted

Directions:

1. Arrange broccoli in greased pan and place chicken on top.
2. Combine soup, mayonnaise, lemon juice and curry.
3. Pour over chicken.
4. Sprinkle with cheese.
5. Combine bread crumbs and butter – sprinkle over all.
6. Bake at 350° for 25 to 30 minutes.

Find additional healthy recipes at:

<http://ext.vt.edu/food-health/family-nutrition-program/recipes.html>
<https://blogs.ext.vt.edu/eatsmart-movemore/2017/04/13/2017-spring-recipes/>