



Baked Hash Browns

Ingredients:

- 32 oz frozen hash browns defrosted
- 1 t salt
- 1 ½ cups chopped onion
- 1 can cream of chicken soup
- ½ can water
- 1 8 oz carton sour cream
- 2 cups grated American or cheddar cheese
- ½ c butter (melted)
- 2 cups Ritz cracker crumbs or 2 cups corn flakes

Directions:

1. Preheat oven to 350.
2. Mix together in a large bowl potatoes, salt, onion, soup, water, sour cream and cheese.
3. Place into greased 9 x 11 baking dish.
4. Mix melted butter with crumbs or corn flakes.
5. Sprinkle on top and bake for 50 minutes.

Find additional healthy recipes at:

<http://ext.vt.edu/food-health/family-nutrition-program/recipes.html>
<https://blogs.ext.vt.edu/eatsmart-movemore/2017/04/13/2017-spring-recipes/>