



Aunt Eleanor's Russian Tea Cakes

Ingredients:

2 sticks of butter
1 cup nuts, chopped into small pieces
3 Tbs powdered sugar
2 cups sifted white flour

Directions:

1. Mix all ingredients well.
2. Roll rounded teaspoonful pieces of mix between palms to form balls.
3. Bake as 275 degrees for 1 hour.
4. Roll in powdered sugar while still very warm. The sugar will melt into the cookie.

Find additional healthy recipes at:

<http://ext.vt.edu/food-health/family-nutrition-program/recipes.html>
<https://blogs.ext.vt.edu/eatsmart-movemore/2017/04/13/2017-spring-recipes/>